

We Share The Air

Dufferin-Peel's Scent Sensitivity Awareness Campaign

Frequently Asked Questions (FAQ's)

(adapted from the University of Calgary)

1. What can I do to prevent harming people affected by scents?

You can adopt scent-free practices and avoid using perfumes, aftershaves, colognes, and scented lotions and opting for "fragrance-free", "scent-free", or "unscented" versions of such personal care products. Many scent-free personal care products can be found at your local grocery store or pharmacy.

2. I don't know anyone who has a reaction from coming into contact with scented products. How real is this concern?

It is very real as it is well documented that the incidence of asthma is on the increase, especially in young people. In fact, there are many environmental illnesses – illnesses triggered by things in our environment. Among the best known are spring and summer allergies to pollen, and another is air pollution from vehicles or smoke. For some, it is literally not safe to go outdoors on days vehiclesde.0009 Tw -9er%enscents?

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5. Why should I adopt scent-free practices when there isn't anyone in my school, classroom or office who suffers from an allergy or sensitivity? The perfume I wear and the scented products I use aren't bothering anyone.

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